

sinews channels acupuncture chart pdf

More than four hundred acupuncture points have been described, with the majority located on one of the main meridians, pathways which run throughout the body and according to Traditional Chinese Medicine (TCM) transport life energy (qi, æ°£).TCM recognizes twenty meridians, cutaneous and subcutaneous in nature, which have branching sub-meridians believed to affect surrounding tissues.

List of acupuncture points - Wikipedia

Abstract. The ancient Chinese concept of health reaches far beyond the mere absence of symptoms to include the presence of a strong vital energy known as qi.A smooth, harmonious, and active flow of qi creates harmony in the body and a balanced state of being in the person.This personal health is further matched by health in nature, defined as regular weather patterns and the absence of disasters.

Health Maintenance in Ancient China

The assignment of alchemical and magickal correspondences to the Animals vary amongst practitioners of the Five Animal Frolics, qigong theorists, and Taoist Alchemists. The following authors have provided tables of correspondences: Mantak Chia, Kenneth Cohen, Franklin Fick, Mike Garofalo, Alan Graham, Livia Kohn, Joseph Morales, Ken Morgan, Nancy Seeber, Yang Jwing-Ming, and Oberon Zell ...

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